HOPE NEWSLETTER

July 2026

HOPE AND SHELVE PARISH NEWS - July

Sunday 5th July Holy Communion at Shelve 9am
Sunday 12th July Holy Communion at Hope 9am
Sunday 19th July Worship Together at Shelve 9am
Sunday 26th July Morning Prayer at Hope 9am

We are in the second half of the year already! It must be increasing age that makes me notice the speed of the passing months. Certainly when I was at school the weeks seemed to creep by, when all we wanted was to be out playing in the sunshine.
For me summer brings with it a deepened awareness of nature, the proliferation of wild flowers, birds (thanks to the Merlin app on my phone, I am beginning to recognise some of their songs), and more opportunities to enjoy being outside. For many in our communities though, this time of year is as busy as ever, whether that is work, or involvement in all the summer activities which are run by local volunteers.

A huge thank you to all who helped with or came to the Hope and Shelve Fete last month. Despite having to relocate to the Village Hall due to the wet weather, the afternoon was well-attended, and the money raised will support the ongoing work of our two churches. We hope that the Stiperstones Brass Band can attend a future event.

Richard Lonsdale was recently appointed as Rector of Chirbury Hills Benefice.
Richard will be known to some of you as during the last 4 years he has been curate in Pontesbury and Minsterley. Part of Richard's job will be as Borderlands Rural Chaplain for the part of Hereford Diocese which covers South Shropshire and some of Powys. Borderlands Rural Chaplaincy is an ecumenical partnership which offers a confidential, listening ear to farmers, farming families and agricultural communities, ranging from a single phone call to continuing pastoral care. You can find out more at www.borderchaplain.org

Rev Fran Brealey revfran@btinternet.com 07948 676581

CAN YOU HELP?

We are looking for some to take over the production of Hope Newsletter.
This involves liaising with Barry on content, monitoring emails, collating entries and adverts and sending to our printers each month.

You don't need any design skills but knowledge of or willingness to learn using Canva Pro is required. This is not an onerous task, it takes around 3 -4 hours each month.

If you are interested please contact Sarah on 07790 100462 or email treasurer@hopevillagehall.org.uk

HOPE SHOW 2026

Saturday 5th September

Hope Village Hall 2pm to 4pm

Show Schedule

COOKERY		PRODUCE		FLOWERS	
1	Jar of Beetroot Chutney	13	Heaviest Marrow	23	3 x Dahlias
2	Jar of Lemon Curd	14	3 x Duck Eggs	24	A Single Rose
3	5 x Cheese Straws	15	5 x Cooking Apples	25	A vase of mixed flowers from your garden
4	French Onion Tart	16	5 x Eating Apples	26	Autumn Wreath (Natural ring – No Oasis)
5	Victoria Sandwich (Traditional 4 Egg Recipe)	17	3 x Hens Eggs	27	Foliage Pot Plant
6	Ginger Cake	18	Broadest Sunflower Head (See rules of exhibiting)	28	Miniature arrangement in a teacup
7	Bottle of Raspberry Gin	19	3 x Tomatoes	29	Flowering Pot Plant
8	**Men Only:** Lemon Cheesecake	20	Unusual Shaped Vegetable		
9	Chocolate Chip Muffins	21	Basket of Vegetables (at least 5 different vegetables)		
10	Any Savoury Loaf	22	3 x Beetroot		
11	Trifle				
12	Millionaires Shortbread				

CRAFT		ART		PHOTOGRAPHY	
30	A decoupage item	36	Painted Stone	39	Water Scene
31	A Knitted Item	37	Painting of a Flower / Flowers – Any Medium	40	A Sunset / Sunrise in Shropshire
32	A Patchwork Item	38	A Portrait – Any Medium		
33	An Item of jewellery made from recycled items				
34	A Birthday Card				
35	An Item made from Wood				

CHILDRENS CLASSES

5 YEARS & UNDER		AGE 6-7		AGE 8-11	
41	3 X Decorated Biscuits	43	A Suncatcher	45	Design a poster to encourage recycling (Not computer generated)
42	Egg Carton Flowers	44	A Robot made from recycled items	46	3 x Cheese Scones
AGE 12-6					
47	Victoria Sandwich (Traditional 4 Egg Recipe)				
48	Flower Arrangement				

Please remember that all exhibits must be grown, made or produced by the entrant, personally. A list of the few rules will be published nearer the event but the most important is to HAVE A GO and have fun.

TRADING POST

Open February to October
Saturdays 9.30am to noon

Old Station Yard
Station Road, Pontesbury

Our Flower Show is on Saturday 29th August at 2.30 pm in Pontesbury Public Hall

The show schedule is available to collect from Hignett's, Pontesbury Post Office, Pontesbury Library & the Trading Post

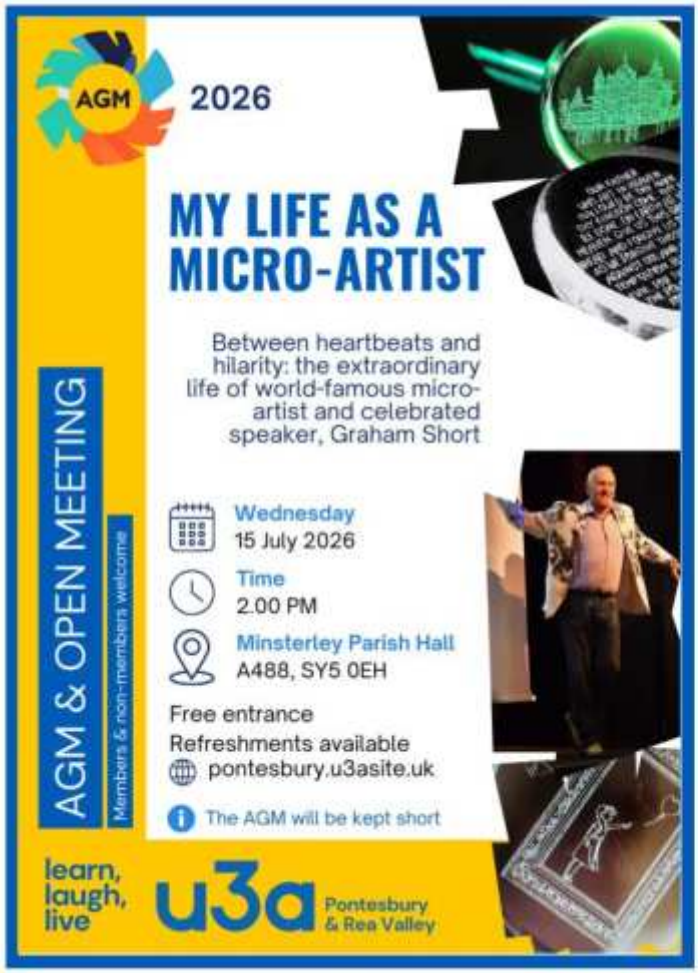
Categories include flowers, vegetables, fruits, cookery, handicrafts, wood carving, art and photography

We welcome entries from all age groups.

Do come along and support this long-established community event!

Trading Post latest ***Stocks of garden mulch now available***





u3a Pontesbury & Rea Valley

DON'T MISS OUT!

Pontesbury & Rea Valley u3a will hold its **AGM** on the **15th July 2026** at **2.00pm** at **Minsterley Parish Hall**. The meeting will be short and will focus solely on essential business matters.

Afterward, in **My Life as a Micro-Artist**, **Graham Short** will share the astonishing story of his rise from factory floor to Buckingham Palace, revealing the extra-ordinary lengths he goes to create microscopic masterpieces between heartbeats - and recounting hilarious, behind-the-scenes encounters with celebrities and royals. An unforgettable, laugh-out-loud talk from one of the UK's most sought-after speakers.

Following the talk, refreshments will be served, providing an excellent opportunity to reconnect or learn more about our u3a. Both members and non-members are welcome.

Our u3a is part of a UK charity focused on bringing together individuals not in full-time employment for enjoyable learning or active experiences. We are local, friendly, and affordable, featuring over 25 interest groups covering a variety of activities.

West Mercia Police Report

CRIME/INCIDENTS TO NOTE REPORTED
CHIRBURY, WORTHEN, HOPE, SHELVE & STIPERSTONE

CRIME REPORTED	DETAILS	LOCATION	NOTES
Assault	X2	Bentlawnt	
Stalking		Bentlawnt	
Stolen vehicle located	Stolen Toyota Hilux located and seized for forensics	Snailbeach Village Hall	Vehicle was initially stolen in a car key burglary near
Criminal damage	Damage caused to sign	Hemford	

County lines & Cuckooing

County lines is the name given to drug dealing where organised criminal gangs (OCGs) use phone lines to move and supply drugs, usually from cities into smaller towns and rural areas.

These OCG's exploit vulnerable people, including children, by recruiting them to distribute the drugs, often referred to as 'drug running'.

OCGs often use levels of violence and intimidation to protect the 'county line' and control them.

There are several signs to look out for that may indicate someone is involved in county lines:

- Repeatedly going missing from school or home and being found in other areas
- Having money, new clothes or electronic devices and they can't explain how they paid for them
- Getting high numbers of texts or phone calls, being secretive about who they're speaking to
- Decline in school or work performance
- Significant changes in emotional or physical well-being

Cuckooing is the practice where criminals take over a vulnerable person's home to use it as a base for illegal activities, such as drug dealing, with more isolated rural properties being exploited for use in drug manufacture.

If you're concerned about drug-related crime in your area or think someone may be a victim of drug exploitation, please call us on 101, email bccar.snt@westmercia.police.uk or report online www.westmercia.police.uk



USE IT OR LOSE IT

Don't forget the mobile Post Office van calls at

Hope Village Hall every

Thursday @ 10.15 am

The **Sabrina Mobile Library** visits Hope Village Hall on Route 3, alternate Wednesdays from 1pm to 1.50pm.

Next dates are: **8th & 22nd July**

We have a map of all our routes and stops on our website here:
https://www.shropshire.gov.uk/libraries/mobile-libraries/

Callow Club

Everyone is welcome!

25th July 2026 9:45am (leaving at 10:00am)

VISIT TO JOHN'S GARDEN & ASHWOOD NURSERY

We will all meet up to car share for our visit John's amazing garden and Ashwood Nursery near Kingswinford, Staffordshire DY6 OAE. For those who then want to indulge even further with the scrumptious cakes, snacks and meals that the nursery offers, there will be time to do so.
Tickets to the garden are £8.00 (payable on arrival at the gardens and the proceeds all go to Ashwood Nursery's Charity of the year). This does not include whatever you order from the Café.

We will meet at the Worthen Village Hall at 9:45am, to arrange car sharing and will leave promptly at 10:00am. If you are not the driver of your car share, it would be nice if you would give something towards the cost of their fuel.

Booking is essential so please contact:
Linda Sagar: 01743 891744 / 07840 365 474
Coral Milborrow: 07485 655 992
(Even if you are going independently please notify us so we can all meet up at the Gardens together)

19th August 2026. 2:30pm. A gentle canal walk & pub meal (meeting at Worthen Village Hall at 2:30pm)

Heather's Report for June

1. Roads

i. Road repair projects continue with Lower Lane in Chirbury being done in August and Rorrington to Priest Weston following in the Autumn.
ii. More resources are now being allocated, under emergency powers, to tackle potholes, including two extra specialist gangs. These repairs will be largely permanent, with the work checked by Council Officers to ensure quality.
iii. The Council is now using two ' multihog' pothole repair machines to enhance the rate of repair.
iv. All these measures have substantially increased the rate of repair. 1123 potholes were filled in the week ending the 8th June alone.

2. Buses

Several bus services subsidized by Shropshire Council have recently. These do not include the 552 and 553 Shrewsbury to Bishop's Castle service, which will continue as normal. The enhanced 558 Shrewsbury to Montgomery service will start by September.

3. Litter Bins and grass cutting.

Shropshire Council is now working to take the above services back 'in-house' as contractors to empty bins, as the contractors at present are failing to deliver an efficient service. I have pressed them to regularly empty bins at Chirbury shop, Brockton Play area (and cut the grass!) and Westbury. Please let me know if any remain uncollected.
Heather Kidd, Shropshire Councillor for Chirbury and Worthen Division

Tel: 07980 635518 heather.kidd@shropshire.gov.uk also on Facebook

Improve Your Digital Skills: Get Online, Stay Connected and Build Confidence

With more services going online than ever before, it can feel daunting to do the things you used to do on paper or in person. Even everyday paperwork now seems come with multiple digital steps, while tasks that were simple can now make you feel like you need to be an IT expert! However, local support is available if you know where to look.

Local community hubs and libraries are the perfect places to get more information on the kind of support available in your area, from advice, practical help, local courses & programmes to online resources.

Enterprise House has been providing business and community support to South West Shropshire for over 30 years. Part of our service includes local digital support to help people get online, stay connected and feel more confident in this ever-increasing digital world.

We offer personalised, one to one support and group sessions to help you use your digital devices with confidence. Whether you would like help with everyday tasks, have a specific problem, think you may have been scammed, or would like to sit with someone as they guide you through a process at your own pace, we are here to help.

Free One to One Support

Enterprise House is thrilled to announce the return of our **Digital Skills Programme**; an initiative dedicated to helping people build confidence and independence in an increasingly digital world.

These free one to one sessions are friendly and informal, giving you the skills you need to access essential services, download apps, book appointments, keep in touch with loved ones and generally feel more confident using everyday technology.

Sit with one of our dedicated volunteers, in a relaxed environment, and learn more about your mobile, tablet or laptop. Each session is tailored to you, so you can focus on the things you want to learn.

One of our previous learners said, *"Having somewhere to go to ask questions, learn new skills, and sometimes just get reassurance that I'm doing the right thing makes all the difference. Everyone should have an Enterprise House on their doorstep."*

The Digital Skills Programme is available to Shropshire adults who fall within one or more of the following categories: Aged 65+, Individuals Living Alone, Unpaid Carers, Individuals Receiving Care, and anyone with health conditions or on means-tested benefits. Spots fill up fast, so please get in touch to ensure you don't miss out on this opportunity.

Free Digital Help Hub

Every third Thursday of the month, Enterprise House also runs a free Digital Help Hub; a relaxed, friendly drop-in session, where you can have a coffee and a chat with one of our volunteers, ask questions on a specific problem, or discuss ideas and solutions to everyday digital challenges.

Now operating as Rural Lifeline C.I.C. Enterprise House continues to support sustainable, inclusive and vibrant communities across South West Shropshire and the borders. Working alongside local groups, organisations and businesses, we provide community support, business services, a print shop, including the Library, SpArC Theatre, Village Outreach Equipment Hire, office and workshop rentals and multi-use games area. Alongside these established services, we also run the Bishop's Castle and Beyond visitor website and Local Directory to help promote local businesses, events and community connections in the area.

For more information about any of our support, pop into Enterprise House, call us on 01588 638038 and have a chat with us, or email us at: info@enterprisehouse.org.uk and we'll get in touch.


BIBLE STORIES
CRAFT
GAMES
SNACK
SUMMER HOLIDAY CLUB
'JOIN THE WINNING TEAM!'
MONDAY-FRIDAY
JULY 20-24
10.00-12.00
FREE ADMISSION
PRIMARY SCHOOL CHILDREN WELCOME
HTM
HOLY TRINITY MINSTERLEY
CONTACT FRAN
07982324760
TO BOOK YOUR PLACE

BISHOP'S CASTLE
COMMUNITY
LAND TRUST

Charity Book sale

July 4th & 5th
10am–4pm



In the Stars Shop,
68-70 Church Street,
Bishop's Castle,
SY9 5AE

Donations of good quality books, puzzles and games welcome, please email samangell1234@gmail.com

To raise funds for Bishops Castle Community Land Trust

Support your community • Find your next great read • Make a difference

Please come to our

PINK POTTER



A stroll around the beautiful Isle Estate

Bicton, Shrewsbury SY3 8EE

By kind permission of Mr & Mrs E Tate



SUNDAY 12TH JULY 2026

Two routes arranged to encompass the wonderful countryside:

- 3 mile (family nature walk)
- 1 mile (wheelchair/pushchair friendly route)

11am until 3pm

Refreshments, Trade stands and Photography

Dogs encouraged on leads
(please bring compostable poo bags!)

Wear something PINK and on your dogs too!

Children (under 16 years) walk free
Adults £10



ALL PROCEEDS TO BREAST CANCER NOW

Enquiries: Linda Sagar 07840 365 474





Rea Valley Community Wildlife Group members have been looking for Curlew, Lapwing, Kestrel, Cuckoo and Red Kite since late March.

Our area extends from Stapeley Hill to Brockton in the west, across through Minsterley and Pontesbury to Plealey, south to Cothecott Hill and then westwards over the Stiperstones and Hope Valley.

If you've seen or heard any of these species, please don't assume we know about them.

Please report all your observations, especially any Curlew ("the most important bird conservation priority in the UK") to Leo Smith 07791 901732, leo@leosmith.org.uk.

CPRE Geology walks 2026

As part of our Centenary celebrations in 2026, CPRE Shropshire has funding to run a year long geology project. This will include six geology walks, one per month from April 2026 to see and explore different important sites for geology in Shropshire.

The walks are free to attend (places will be limited) Next available walks:

- Sunday 16 August: Carboniferous - Llanymynech Rocks
- Saturday 19 September: Permo-Triassic - Nesscliffe Hill & the Cliffe

We will open up booking for each walk around 3-4 weeks before it takes place so please check our website www.cpreshropshire.org.uk/geology-walks-2026 or facebook page CPREShropshire

REA VALLEY COMMUNITY WILDLIFE GROUP

REA VALLEY COMMUNITY WILDLIFE GROUP

MONTHLY WALK: JULY 2026
Sunday 19th July- Hinton Hike

10am - 1pm
Station Road Car Park, Pontesbury - irritated.swift.freedom

Join the Rea Valley Community Wildlife Group (RVCWG) at our July monthly walk - providing an opportunity to discover local wildlife, learn about the history of the area and enjoy nature together.



The walk is free to attend and no booking required.

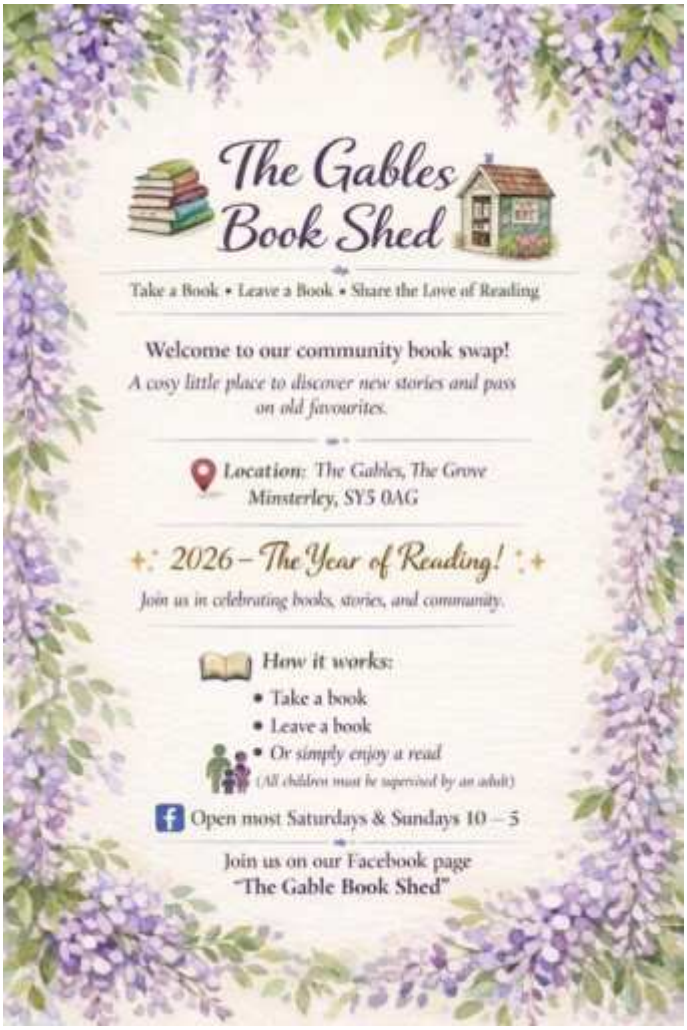
Please note that there is no designated leader for these monthly walks. A meeting point is listed for each walk and the group will decide together on the day where they would like to walk.

** We love our furry friends and well behaved, friendly dogs are welcome on this walk, but please remember that the primary focus of the walk is to discover wildlife and enjoy nature together**

Facebook
www.facebook.com/groups/reavalleycwg

More Information
www.shropscwgs.org.uk/rea-valley-wildlife-group/

JOIN US TODAY!
Email: reavalleycwg@gmail.com
Active and vibrant Whatsapp group also available





Hope Village Hall Regular Activities

Monday & Wednesday Evenings
Pilates with Ruth
Wednesday Lunchtime – Community Café
Mobile Library Van alternate weeks
Mini Health Checks bi-monthly
Thursdays
10.15 – 11.15 am Mobile Post Office
5.15 – 6.15pm Barre Class
6.30pm Table Tennis & Darts
Friday Mornings – Tai Chi with Elfy Attitude

2026 Annual Events

SATURDAY 5TH SEPTEMBER - HOPE SHOW
SATURDAY 3rd OCTOBER – APPLE DAY

There are lots of other one-off events which are advertised in the Hope Newsletter or on the Village Hall website www.hopevillagehall.org.uk

Mini Health Checks (Blood Pressure)

The Shropshire Community Outreach team will be at the hall to do free blood pressure checks on **Wednesday: 15th July from noon to 1.50pm**

Located at Shelve Farm, between Minsterley & Bishop's Castle.

The Pooch Parlour

Dog Grooming

Find us on Facebook & Instagram!

The Pooch Parlour Dog Grooming

@poochparloursalon

1 on 1 Dog Grooming

Fully Qualified Level 2 & 3

FdSc Animal Management & Welfare

Canine First Aid Trained

Fully Insured

Relaxing & Homely Environment

Services Include:

- Bath and Blow Dry
- Full Grooms
- De-Sheds
- Scissor Tidy
- Puppy Grooms
- Hand Stripping
- Emmi-Pet Teeth Cleaning
- Nail Clipping/ Ear Cleaning

Pick up and drop offs available on request!

Phone/Text Emma on: 07396938212

Email: poochparloursalon@hotmail.com

THE SALOP FRYER

PONTESBURY

CHIPS

Small Chips £3.50
Large Chips £4.90
Cone of Chips £2.70
Chips & Cheese £5.00
Chips & Gravy £4.80
Chips & Curry Sauce £4.80
Potato Scallop £1.00
Chip Bap £3.50

SIDES

Curry Sauce £1.80
Irish Curry Sauce £1.80
Gravy £1.80
Mushy Peas £1.80
Baked Beans £1.80

FISH

Cod £9.90
Mini Fish £6.00
Haddock £9.00
Cod Roe £2.90
Fishcake £2.80
Scampi (6 pieces) £5.00

CHICKEN

¼ Chicken Breast £6.00
¼ Chicken Leg £6.00
Southern Fried Mini Fillets (5) £5.50
Chicken Nuggets (6.) £4.00
Popcorn Chicken £5.60

DRINKS

Bottles £2.20
Cans £1.50
Water £1.10
Kids Drinks £1.10

SPECIALS

Mini Fish & Chips £8.70
Lunch Box Special £7.00
(Large Sausage & Chips & either Curry/Peas/Gravy/Beans in a Tray)
Pie & Chips £7.00
Fish & Chips £13.40
Kebab Special £10.00
(Doner/Chicken Meat in Fresh Naan Bread)

KEBABS

Mixed Kebab Naan ... £10.50
Doner Kebab Naan .. £10.00
Chicken Kebab Naan £10.00
Doner Kebab Pitta £9.00
Chicken Kebab Pitta .. £9.00
Doner Kebab Wrap £8.50
Chicken Kebab Wrap . £8.50

Mixed Meat & Chips £10.00
Chicken Meat & Chips £9.80
Doner Meat & Chips ... £9.80
Chicken Meat & Salad £8.80
Doner Meat & Salad ... £8.80
Chicken Kebab Burger £7.00
Doner Kebab Burger .. £7.00

KIDS

4 Chicken Nuggets & Chips £4.90
Small Sausage & Chips £4.90

SAUSAGES

Small Sausage £2.00
Large Sausage £3.20
Large Battered Sausage £3.50

PIES

Steak £4.00
Steak & Kidney £4.00
Chicken & Mushroom £4.00
Mince Beef & Onion £4.00
Meat & Potato £4.00

BURGERS

Beef Burger £5.10
Cheese Burger £5.60
Battered Burger £4.50
Chicken Burger £5.50

SAUCE POTS

Any pot of sauce..... £1.10
Hot Chilli, Sweet Chilli, Mint, Mayo, Garlic Mayo, Ketchup, Brown, Tartare

EXTRAS

Pineapple Fritter £2.30
Onion Rings (10) £4.90
Pickled Egg £0.80
Bread Roll £0.80

VEGETARIAN

Cheese & Onion Fry-it £2.30
Cheese & Onion Pasty £3.40
Veggie Burger £4.50
Halloumi Burger £5.60
Cheese, Leek & Potato Pie £4.00
Halloumi & Salad Pitta £6.30
Halloumi & Salad Wrap £5.80
Salad in Naan/Pitta/Wrap £4.00

Main Rd,
Pontesbury,
Shrewsbury,
SY5 0PS

THE SALOP FRYER

Pontesbury's Own Traditional Fish & Chips
Takeaway Menu

Opening hours:
Monday: 4:30 – 9pm
Tuesday: 12 – 2pm & 4:30 – 9pm
Wednesday: 12 – 2pm & 4:30 – 9pm
Thursday: 12 – 2pm & 4:30 – 9pm
Friday: 12 – 9pm
Saturday: 12 – 2pm & 4:30 – 9pm
Sunday: CLOSED

www.thesalopfryer.com



Have a Go at Archery

Many sports can trace their origins back through history, and some originated from war or hunting related activities, and are now a sanitised version of their origins. Archery goes back before most other sports, probably originating in Africa before spreading into Europe and the rest of the world. The sport has now evolved into a high-tech activity, with recurve and compound bows sitting alongside its basic form, the longbow and all these forms are practised in local clubs on a regular basis.

If you would like to try your hand at shooting arrows, then Long Mynd Archers, near Church Stretton, are putting on a series of Have a Go sessions on the mornings of Saturdays, 11 July and 8 August between 10 and 12 noon. No booking is required, so just turn up between 10 and 12. The cost is £15 for a one hour session with qualified coaches and experienced archers. All equipment is provided by the Club, and there will be opportunities to progress further if you would like to do so. The club is situated at New House Farm, SY6 7JH, on the A49 just before the traffic lights at Church Stretton. More information can be found on the Club's website www.longmyndarchers.co.uk.

Churchstoke Charity Car Boot

Every Sunday 8am 'til Noon—Free entry for buyers

All hardstanding—Partly covered—Plenty of parking

On site supermarket, petrol, café & toilets

Sellers: Cars £5; Vans £10 (set up 6—7.30am)

Contact Roy Delves on 07970 028316

Or find us on facebook.com/ChurchstokeSundayMarketatHarryTuffins

Churchstoke SY15 6AR

HOPE VILLAGE HALL ACTIVITIES

THURSDAY EVENINGS
6.30 TO 8PM



Table Tennis
(2 tables available)
Or Darts



We have bats etc., available but bring your own if you can. Small charge to cover refreshments.

BRIC A BRAC WANTED

If you have any clean, unbroken bits and pieces that you are considering taking to a charity shop or that might otherwise end up in landfill please consider donating them to Hope Village Hall.

We have a bric-a-brac table at the community café each Wednesday lunchtime, selling items at more than reasonable prices as part of our efforts to raise funds for the hall.

Drop off at the hall when the cafe or table tennis is on or contact us and we may be able to arrange collection locally.

Email: treasurer@hopevillagehall.org.uk
Or call Sarah on 07790 100462
Thank you

CRAFTY MONDAYS

CRAFT AND CHAT

2ND MONDAY OF THE MONTH
LOUNGE AREA
AT
MINSTERLEY METHODIST CHURCH
7 PM TO 9 PM

FOR MORE INFORMATION CONTACT
LESLEY ON 01743-791045
OR SANDRA ON 01743-891861
OR
JUST TURN UP ON THE NIGHT
AND JOIN US!

All Shropshire Mobility
Freedom For Living!
vehicle adaptation specialists

hand controls
left foot accelerators
car boot hoists
person hoists
swivel seats
secondary control systems ...and more!

Unit 11
Malehurst Industrial Estate
Minsterley, Shropshire
SY5 0EQ

Motability

info@allshropshiremobility.co.uk

Offering a bespoke service to both Motability and private customers

Tel: 01743 790 879

HAVE YOU EVER THOUGHT OF HIRING HOPE VILLAGE HALL?

Our rates are very competitive

@ £8 per hour

Enquiries and bookings are made with Debbie on 01743 891414

A leaflet is available with information about the facilities. You can also find out more online at hopevillagehall.org.uk

FREE

Do you have an event to promote?

Anything for sale or wanted?

A regular group meeting?

Group activity?

Community information?

We usually have space to include posters or a mention about the above for no charge.

Just email details to:

editor@hopenews.uk Or:

enquiries@hopenews.uk

West Mercia POLICE

Your Safer Neighbourhood Team are:

SGT 0642 Jenni Price PC 3331 Stuart Coote

PCSO 6160 Shaun Culliss PCSO 40516 Calvin Brown

Contact Details

Emergency: **999**

Non Emergency: **101**

Crime stoppers: **0800 555 111**

Website: **www.westmercia.police.uk**

Facebook: **Bishops Castle Policing Team Rural Watch**

Email address: **bccar.snt@westmercia.pnn.police.uk**

Twitter: **@SouthShropCops**

Key Phone Numbers

Pontesbury & Worthen Medical Practice	01743 790325	Westbury Medical Centre	01743 884727
Bishop's Castle Medical Practice	01588 638285	Montgomery Medical Practice	01686 668217
Royal Shrewsbury Hospital	01743 261000	NHS Non-Emergency Helpline	111
Shropshire Council Customer Services	0345 6789000	Shropshire Council Benefit Support	0345 6789002
Shropshire Council Welfare Support	0345 6789078	Shropshire Council Bereavement Support	0345 6783028
National Grid (Fault Report/Status)	0800 6783105	Environment Agency (Incident Hotline)	0800 80 70 60
Severn Trent Water (Report Problem)	0800 7834444	Shropshire Highways (Report Problem)	0345 6789006
Shropshire Citizens Advice Bureau	0808 2787894	Shropshire Rural Support	0300 1232825
Royal Agricultural Benevolent Society	0800 1884444	Farming Community Network	01788 510866
Samaritans Helpline	116 123	Universal Credit Helpline	0800 3285644
Child Benefit Helpline	0300 2003100	Pensions Helpline	0800 7310469
Business Support Helpline	0300 4563565	Keep Shropshire Warm (Energy Advice)	0800 1123743
Barnabas Money Advice (Debt Advice)	07507 663251	A4U (Disability/Carers Advice/Advocacy)	01743 539201
Age UK Shropshire, Telford & Wrekin	01743 233123	Just Credit Union (Low Cost Loans)	01743 252325
Christians Against Poverty (Debt Counselling)	01274 760720		
Shrewsbury Samaritans	0330 0945717	Shropshire Mind (Mental Health Support)	01743 368647
Alzheimer's Society Shropshire	01952 250392	Shropshire Domestic Abuse Service	0300 3031191

STRENGTH & STABILITY CLASS
FOR AGES 60+

Tuesdays 9.30am—10.30am at Minsterley Parish Hall

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Third Tuesday of the Month at Marton Village Hall
7:00pm for refreshments and 7:30pm start ALL WELCOME

Make the most of life, join our u3a

Our u3a is part of a worldwide charity which helps retired and semi-retired people come together and learn for fun and friendship:

- 20 plus interest groups in our local u3a; something for everyone
- start at any level
- a warm welcome
- meetings are in person or by zoom, depending on the group
- new groups are formed when sufficient members express interest

- Art History
- Bridge
- Café Society
- Cinema & Social
- Creative writing
- Cycling
- Family History
- Folk Music
- Gardening
- Geology
- History
- Italian
- Literature
- Local History
- Painting & Drawing
- Photography
- Pickleball
- Play reading
- Recorded music
- Short Tennis
- Table Tennis (Minsterley)
- Table Tennis (Pontesbury)
- Walking (long)
- Walking (short)



learn, laugh, live

Contact
Steve Anderson
steve.anderson.u3a@gmail.com
07861 531 186

u3asites.org.uk/pontesbury-reavalley

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For more information, contact Heather Ryder
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Pilates Class

When?: Mondays

Time?: 6pm-6:45pm

Class?: Mat Pilates

Where?: Hope Village Hall

Pilates is great for easing aches and pains of all kinds.

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For more details, please contact:

Email: rmorriss73@gmail.com

Mobile: 07788 123380 (please leave a text or voice message)

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August 2026 deadline—Friday 24th July 5pm

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By advertising in the Hope Newsletter, you agree to our advertising terms and conditions which can be found at https://hopevillagehall.org.uk/hope-newsletter/advertising NB: Hard copy newsletter is black & white.

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Have you got any recipes, cartoons, quizzes, crosswords or articles you would like to see in the newsletter? Just send to either of the email addresses below and we will do our best to accommodate them.

Articles—editor@hopenews.uk or sarah@hopenews.uk

Comments or queries—enquiries@hopenews.uk

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